



A note from ΑΣΝ Executive Director, Clara Dwyer:

As the season shifts to fall, I reflect on the busy summer it has been transitioning to this role as Executive Director of Alpha Sigma Nu. In early August, I traveled to Boston College for the International Association of Jesuit Universities (IAJU) Assembly, and it was an important experience to hear Father General Arturo Sosa, S.J.'s remarks discerning the present to prepare for the future of Jesuit higher education. He characterized institutions as "designed to hold the reins firmly in hand and to control the road that is taken and the pace of movement." I dare say that many of us live our lives with a similar desire to be in control. I know I do!

Although he was speaking to the institutions, I hope we can heed his suggestions as our lives continue to shift -- whether it be the new school year, a new job, or a new season --

and to "let go of the reins," open ourselves to what is new, to see all things new in Christ, and to allow ourselves to be led to new horizons.

You can read Father General Sosa's full speech [here](#) (English and Spanish) and read more IAJU reflections [here](#).

Thank you for reading this edition of our AΣN e-newsletter and for being part of our Alpha Sigma Nu community.



Photo credits: Stefon Greene for IAJU

Clara Dwyer, Alpha Sigma Nu Executive Director (top row, far right) and Kate Gaertner, former Alpha Sigma Nu Executive Director (top row, far left) with Jesuit Superior General, Rev. Arturo Sosa, S.J. and colleagues

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### ASN Week is October 17th-21st.

Save the date for our 4th annual ASN week challenge! Student Chapters will compete to earn points each day with online challenge questions and promote Alpha Sigma Nu on their campuses. The Chapter that wins with the most points at the end of the week will receive **DOUBLE** their scholarship money for the 2022-23 academic year.

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### October 17th is ASN Giving Day!

Help us celebrate Alpha Sigma Nu Day with a gift to support the future of our Jesuit honor society.

This year, ASN Giving Day marks the start of the ASN challenge week. Make a minimum \$5.00 gift to add points for your student chapter in the challenge. **We will give away Alpha Sigma Nu swag to the first 25 new donors who make a gift using Venmo!** Watch our

leaderboard throughout the day. The chapter that ends the week with the most points wins. We will **DOUBLE the Alpha Sigma Nu scholarship** for the winning student chapter this academic year!

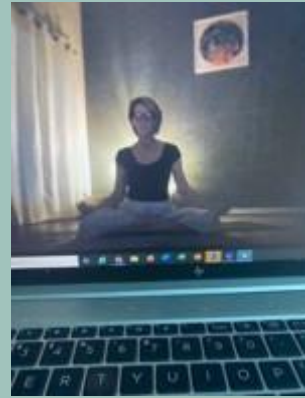


**BONUS Alpha Sigma Nu SWAG GIFT!** If you make a donation and your school wins, you will get a new Alpha Sigma Nu stainless steel water bottle (while supplies last).

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The Chicago and Milwaukee area AΣN alumni clubs hosted a combined event at Wrigley Field on August 19th to watch the Chicago Cubs play the Milwaukee Brewers. What a fun way to bring AΣN members together!



To celebrate National Wellness month in August, the AΣN Alumni Club in the Greater Houston area hosted a two series event; **Cura Personalis in Action: Yoga and Mindfulness for all.**

You can enjoy the recordings of the classes!

[Online yoga class:](#) Gentle yoga with yoga instructor Sarah Miller.

[Mindfulness session:](#) Loving and kindness practice with instructor Ingrid Benninghoff.



### Looking for an ΑΣΝ Alumni Club?

The purpose of Alpha Sigma Nu Alumni Clubs is the encouragement of our members' lifelong commitment to the ΑΣΝ values of scholarship, loyalty and service. Alumni Clubs provide opportunities for expression of that commitment through participating in service projects, presenting speaker events, developing programs that connect faith with life, and providing a venue for career and social networking. Each club determines its own activities and agenda.

We have alumni clubs in Buffalo, Chicago, Cleveland, Detroit, Los Angeles, Milwaukee, New York City, Omaha, Scranton, Washington, D.C. Our newest club formed this year in Houston! [Read more about ΑΣΝ alumni clubs.](#)

If you live in an area where we don't have a club and would like to gather with local ΑΣΝ members in your area, contact [Amy O'Neil](#), Director of Development and Alumni Relations.

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Join us on live from the Triennial Conference at Creighton University for our Fall Lunch & Learn webinar series

**Friday, October 7th at 10:30-11:30 a.m. (Central Time, U.S.)**

Dani Villanueva, S.J., Executive VP Entreculturas - Fe y Alegria & Alboan

Is it Possible to Collaborate with the Jesuit Global Network?

[Register](#)

**Saturday, October 8th at 9:00 a.m.-10:00 a.m. (Central Time, U.S.)**

Sam Beirao, S.J., General Coordinator, Magis 2023

Walking with the Youth: Reimagined

[Register](#)

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**Cura Personalis in Action: *Shaking +  
Breathwork* hosted by the Houston AΣN  
alumni club**

**October 19th, 6:00 p.m. (CT)**

**Read more and register [here](#)**



Check out the Alpha Sigma Nu events page for more events at  
[www.alphasigmanu.org/events/](http://www.alphasigmanu.org/events/).

Here you will find upcoming events including spiritual and service opportunities and various educational offerings from the AΣN central office, chapters, alumni clubs, and partner organizations across the globe. We hope you will explore these opportunities to learn, collaborate, and engage as you pursue intellectual development, deepening Ignatian spirituality, the promotion of justice, and service to others.

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*Calling all Chapters!*



**APPLY FOR A  
HAIG FUND GRANT**

**Attention ΑΣΝ Chapter Officers (2022-2023)**

Is your chapter interested in planning speaker events, chapter retreats, service projects and other events that address the ΑΣΝ tenets on your campus? Here is an **exciting grant opportunity** exclusively for ΑΣΝ chapters. Thanks to the generous funding from **Rev. Frank Haig, SJ**, Alpha Sigma Nu awards grants up to **\$500** to support student chapter programming promoting the Alpha Sigma Nu mission and values of scholarship, loyalty, and service.

**We are now accepting applications!** You can find the grant application, including more information about applying [here](#). Alpha Sigma Nu is able to award a limited number of grants. If you are interested, apply early!

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**Alpha Sigma Nu  
Medallion Photo Contest Winner**

**Leslie Quan (Saint Joseph's University '21)**

Donations are now accepted through **VENMO!** Click the blue donate button, at checkout you can select the Venmo option. Scan the QR code with your phone and make your donation. Easy and fast!

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Alpha Sigma Nu, Inc.

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